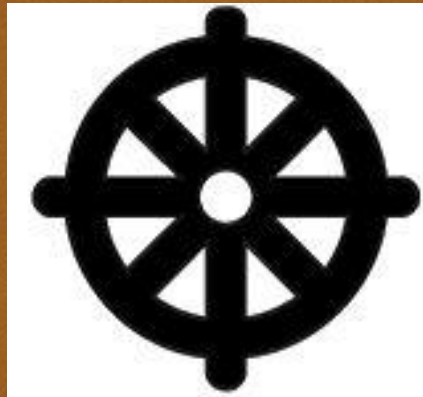


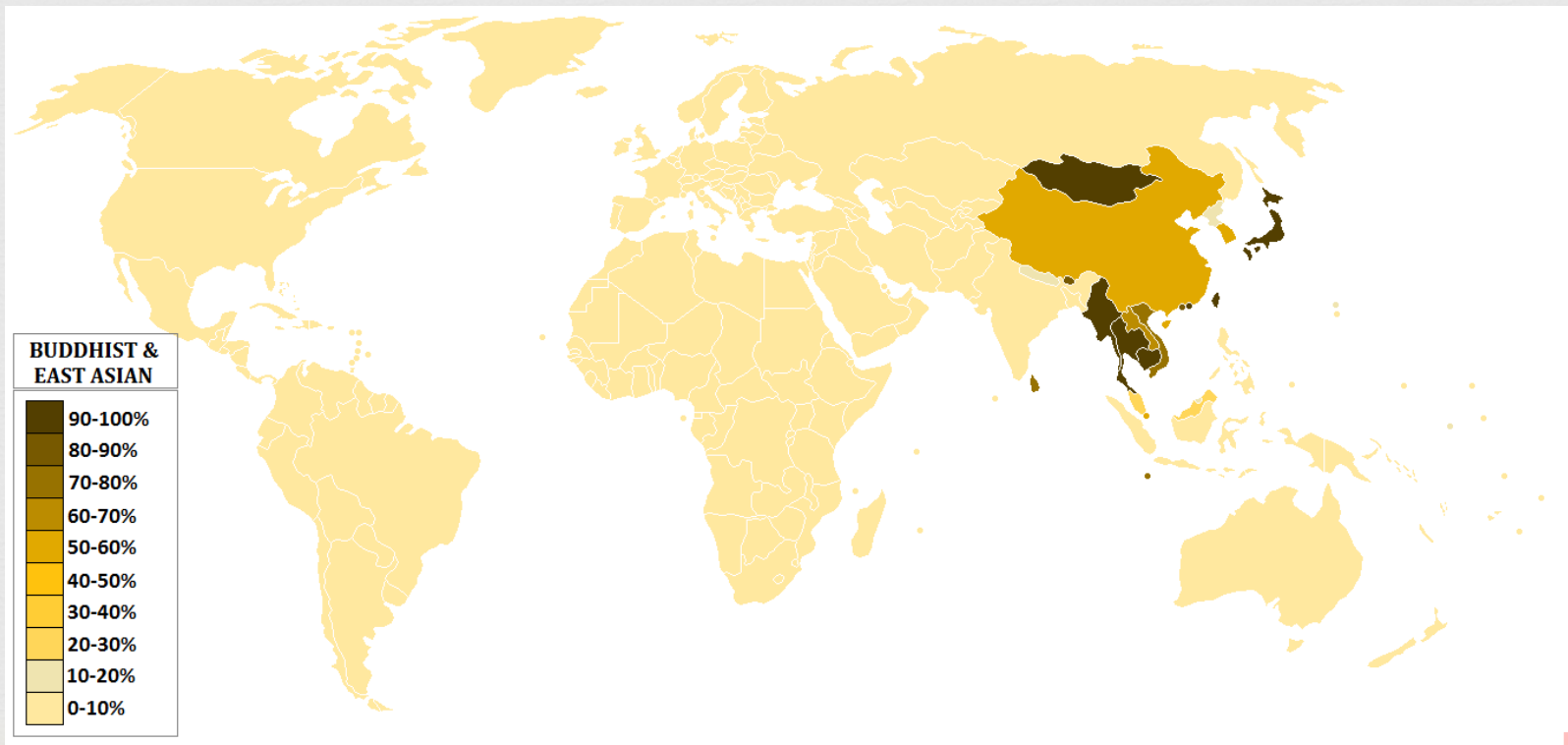
Buddhism



Buddhism is practiced...



Mongolia, Japan, Myanmar, Thailand, Cambodia, Vietnam, China, Korea





Founder: Siddharta Gautama,
The Buddha

Date founded: c. 540 BCE

Buddha taught that the way to eliminate suffering begins with understanding the true nature of the world.



The purpose of life is to end suffering.

HOLY BOOK



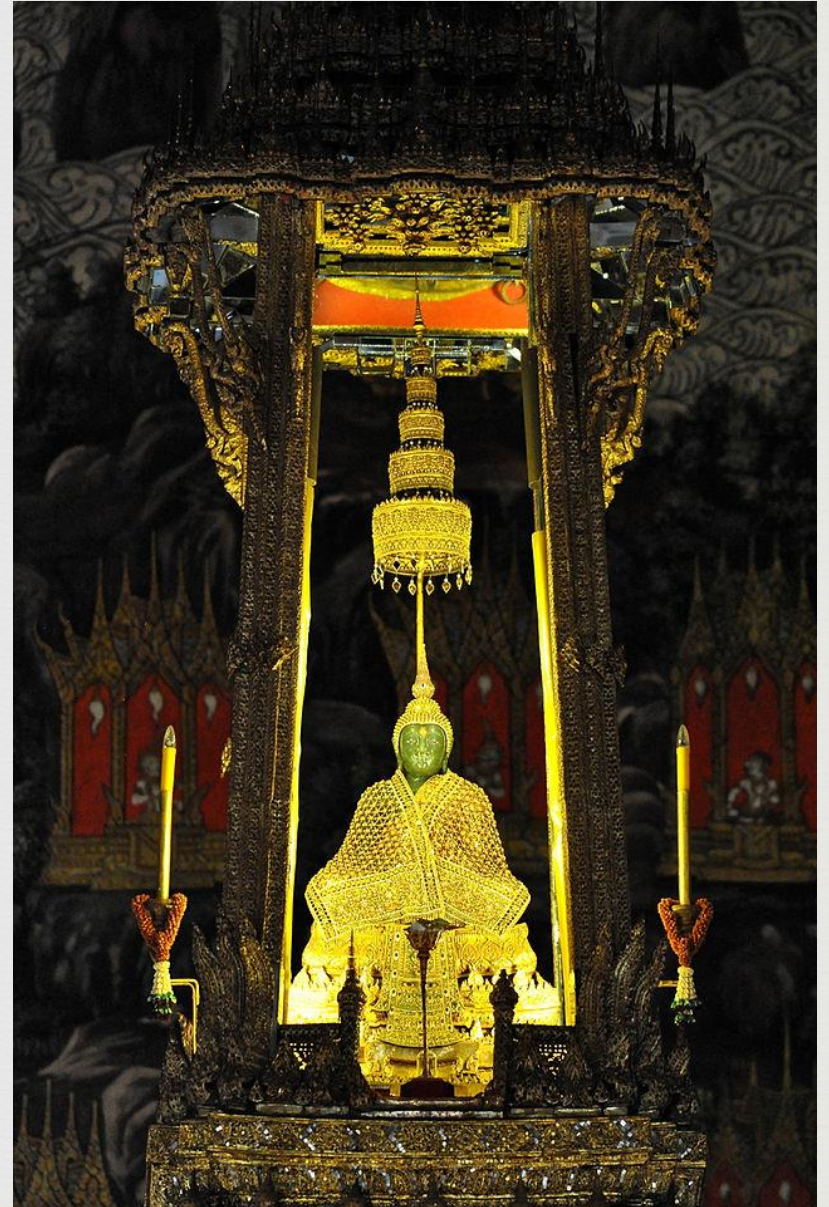
Pali Canon (Tripitaka) and many sutras



Place of Worship Temple



The Emerald Buddha in Bangkok, Thailand



Beliefs of Buddhism



Four Noble Truths:

1. All of life is marked by suffering.
2. Suffering is caused by desire and attachment.
3. Suffering can be eliminated.
4. Suffering is eliminated by following the Noble Eightfold Path.

PRACTICES OF BUDDHISM



Eightfold Path

Method of Practice

VIRTUE

Right Speech

Right Action

Right Livelihood

Five Laymen Vows

MIND

Right Effort

Right Mindfulness

Right Concentration

Dwelling in the four
jhanas (meditation)

WISDOM

Right View

Right Intention

Knowing Four Noble
Truths

Right Side Activity:

Draw the prayer wheel leaving space within each spoke. Write one of the Eightfold Path practices into each spoke.



